

DONALD

Phone: 5497 1222

Articles to:
news@buloketimes.com

Adverts to:
admin@buloketimes.com

The Buloke Times

Est. 1875

BIRCHIP

Phone: 5492 2735

Fax: 5492 2863

Email:
birchipblc@
bigpond.com

Published Tuesdays and Fridays
PP331336/0000 1

Tuesday, April 1, 2025

PRICE (inc. G.S.T.) \$2

For the Shire of Buloke, and the districts of Birchip, Charlton, Donald, St. Arnaud, Watchem and Wycheproof



Where Are They? What Are They Doing?

Right: Two big tree trunks being explored by Playgroup's Artemisia Samuel. **Above:** Is there a trace of chocolate on the faces of this happy four-some? – Beatrix Nottle, Millie Hinkley, Maci Foott and Arlie Foott? Turn to page 7 for all the answers.



ULTIMATE Quest '25

north central football netball hockey
loddon valley football netball

Let the season begin



INSIDE

North Central, Loddon Valley faith in future with junior initiatives

Hockey set for Diamond Jubilee

The star recruits, key cogs and legends in season 2025

Your guide to the season's games

SPECIAL SUPPLEMENT TO THE

LODDON HERALD
FREE EVERY THURSDAY



NORTH CENTRAL NEWS

St. Arnaud, Charlton, Watchem & Samsonville Districts

The Buloke Times

Est. 1875

Another Cruel Hoax

The Federal Government's callous disregard for rural, regional and remote Australians is on full display in the final business hours before a potential federal election is called, Member for Mallee Dr Anne Webster said, after the Aged Care Minister announced an impossible timeline to save regional aged care home care services.

The shallow announcement follows Labor's cruel hoax on regional Australians struggling with the cost-of-living crisis, pretending relief is at hand when it will only arrive in 15 months' time and will provide just 70 cents a day, through rushed income tax changes.

"I cannot believe that today Aged Care Minister Wells has announced \$600 million for struggling rural, remote and specialist support-at-home providers, which they desperately need," Dr Webster said.

"However all indications are the Prime Minister will call an election and the grant arrangements warn potential grantees that if the grant process has not concluded before caretaker period, their grant application cannot be finalised until after the election.

Brazen Misuse

"This is a brazen misuse of the Ministerial capacity to, in effect, make an election announcement posing as a funding announcement. How on earth can a struggling regional aged care provider apply for funding today, the day the initiative was announced, pulling together all their supporting information and material, for funding they desperately need for survival?"

"I have received enquiries from across Mallee from constituents distressed they have received notice their local service provider will no longer

provide a service, and indeed from service providers – some supported by local government – and have communicated with the Minister my concerns about these services being able to continue.

"This shallow, callous announcement cannot possibly meet the needs of regional Australians with a grant process for current providers lasting, in all likelihood, less than 24 hours."

Please Explain

"I call upon the Minister to explain how struggling regional aged care providers can possibly access this program in the timeline she has set for them.

"The desperate Albanese Government's actions today suggest Ministers have learned this afternoon they



• Anne Webster.

need to get 'good news' out the door before the Prime Minister shuts the gate on Ministerial announcements. It shows no regard whatsoever for regional Australians and service providers who desperately need this funding right now. The Minister has been derelict in her duty to ensure continuity of care for regional Australians."

EWHS Board Report

Health Services Plan – we continue to work with the Grampians Region on shared priorities as part of the establishment of Health Service networks.

Strategic planning is about to commence and EWHS will widely promote opportunities for consultation in each community. Face to face and online options will be available during May, 2025.

The Health Service recently completed the creation of a two-bedroom short-stay accommodation facility in Birchip. The area provides accommodation for staff or students and utilised part of the old Wirrim Lodge building.

EWHS is also investigating further accommodation options for Wycheproof, where there is currently a high demand.

In Friday's Edition

Thanks to wonderful co-operation between clubs, leagues, advertisers and local newspapers, stand by for a comprehensive lift out, "ULTIMATE QUEST '25", in Friday's edition of the "Times".

Live Music at Golf Club

Charlton Arts Inc is proud to be presenting live music at the Golf Club at 7.30 p.m. Saturday, April 12, for your enjoyment.

The Jeruk River Band is a group of local musicians who share the love of folk/ballad Irish tunes and a cup of tea and cake.

Adrian and Eleanor are the singers with Adrian also playing the guitar, Eleanor playing

bass, Loretta is on the fiddle and Jan plays a variety of wind instruments. Dancing will be encouraged.

Cost \$20 includes supper. Enquiries to Sue Walsh 0407 140 336.

Lions Support for Art Show

At the March meeting of the Donald Lions Club, a sponsorship of \$1000 was presented by Lions president Michael Raynes to Community House member Alison McEwen and committee member David James.

The Donald Lions are proud to distribute funds to such events that promote the arts and create awareness of the talent around.

The sponsorship comes from Donald Lions working hard with the support of community clubs providing barbecues and drinks at events, such as the Esoteric Festival, which was missed this year.

Chairperson of the Art Show committee responded

enthusiastically promoting and inviting all to the opening on Friday, May 9, at the Memorial Hall.

Footnote: Over the years, the Donald Lions Club has been the lead organisation in providing barbecue cool rooms for a number of other non-profit community organisations and distributed up to \$7,000 back into the community.

Vintage Cars at Wooroonook

On Sunday, March 30, a number of the North Central Vintage Car Club could be found on the banks of Lake Wooroonook, enjoying a meeting, lunch and celebrating an 80th birthday anniversary of one of its founding members.

It was the perfect weather for a sunny Sunday drive, and with vehicles like those owned by club members, a brilliant opportunity to take them out on the road and show them off.

The club has members from St. Arnaud, Charlton, Donald and Avoca, all combining together with an appreciation for classic cars and resulting with a gathering of immaculately restored and maintained beauties, gleaming lakeside on Sunday.

Members were also celebrating the 80th birthday anniversary of one of the club's founders, Kevin Cadzow, who was all smiles as he posed beside his pride and joy, a 1970 MGB hard top.

It was great to see the beautiful cars lined up beside the lake as well as the club and its members making the most of the sunny autumn day and of the location, enjoying the good company of those with similar interests.



• Donald's Geoff Taylor with his Jaguar, which was restored by his late father and purchased from the estate by Geoff after his passing to keep this beautiful vehicle in the family.



• One of the founding members of the North Central Vintage Car Club, Kevin Cadzow, celebrated his 80th birthday anniversary. What better way to celebrate than to take his 1970 MGB hard top out for a sunny Sunday

The Buloke Times

Est. 1875



Commercial Printers

Call in and see our experienced staff for all your commercial printing at competitive prices. Free quotes given.

- * Letterheads
- * Receipt Books
- * Statements
- * Posters
- * Business Cards
- * Raffle Books
- * Programs
- * Brochures
- * Account Books
- * Pamphlets
- * Docket Books
- * Envelopes
- * Membership Cards
- * Personalised Stationery

FULL COLOUR PRINTING

To discuss your printing needs, ring 5497 1222 (Donald), or call in at our office in McCulloch Street, or see Simone at the Birchip Business and Learning Centre, in Cumming Avenue, Birchip.

6 McCulloch Street, Donald
Phone 5497 1222
Email: art@buloketimes.com

“Mickey 17”

A sci-fi black comedy “Mickey 17” written, produced and directed by Academy Award-winning Bong Joon-Ho (writer/director of “Parasite”) is The Rex movie this coming weekend.

Starring heart-throb actor Robert Pattinson, the film, set in the 2050s, follows the title character, Mickey Barnes as he signs himself to become an “expendable” aboard an intergalactic mission to colonise the ice planet Niflheim.

Through this conscription, each time Mickey is killed performing a mission, his body is reborn via a printer, with almost all memories intact. Inevitably, a new alien species, corrupt politicians

and further hilarity cause hijinks to ensue.

The cycle of Mickey's death and rebirth continues until version “17” when he survives a near-death experience and returns to find that version “18” has already been created.

Pattinson's off-beat performance as the moronic Mickey weirdly grows on the viewer (even with the use of a silly voice). The additional cast of Naomi Ackie as soldier “Nasha”, Mark Ruffalo as a

goofy yet egomaniacal politician, “Kenneth Marshall” and Toni Colette as his equally pompous and psychotic wife, “Ylfa” each give somewhat over-the-top yet brilliantly stated performances.

Encompassing themes of space travel and the colonisation of alien worlds, the film also weaves social and political commentary into the storyline. Along with the concept of human regeneration via printing and question of what actually makes Mickey

human, Bong Joon-ho poses many contemporary questions about the survival of humanity and how we might thrive beyond earth.

As Empire reviewer Helen O'Hara has commented, “Mickey 17 is a charming space oddity for these unusual times”.

Why not check it out and see for yourself!

“Mickey 17” screens Saturday, April 5, 8 p.m. | Sunday, April 6, 2 p.m. | Tuesday, April 8, 8 p.m.

Farewell to a Pillar of the Community

The attendance spoke for itself. Inside the Donald Memorial Hall on Wednesday, it was “standing room only”, while outside, as the cortege made its way to the Donald cemetery, the “guard of honour” stretched almost the length of Houston Street.

This was a heartfelt tribute to the late Nicholas John Pearse, a man who contributed so much to the community in which he lived and worked for most of his life.

As Nick’s family and army of friends gathered for the service, images of “a life well lived” were screened, featuring loving scenes of his time spent with those nearest and dearest.

The service was conducted by Kevin Bellenger, who reflected on the impact Nick had had on those privileged to have known him. Kevin also read letters written to Nick by his granddaughter, Elora Hartmann, daughters Nadia and Marika, and son Ty.

Spoken tributes were also paid by two of Nick’s close friends, John McConville and Trevor Chatham.

Eulogy

The following eulogy was presented by another of Nick’s friends, Michael Flagg.

*

We gather here today to celebrate the life of an incredible man – Nicholas John Pearse. A man who was, as so many have said, a true gentleman, a devoted family man, and a friend to everyone he met. He was the kind of person who left an impression, not just with his kindness and sense of humour, but with that trademark big, warm smile – one that stayed with him right until the very end.

Nick was born on July 27, 1955, in Donald, the son of Beryl and Ivan Pearse. From the very beginning, he was a natural leader, a guiding presence for his siblings – Gay, Kim, Jenny, Michael and Vanessa. It’s safe to say that growing up in a big family set him up well for the life he would lead – one of love, community, and an unwavering commitment to those he cared about.

Apprenticeship

At 16, Nick moved to Melbourne, where he took on an apprenticeship as a sewing

machine mechanic at Genevieve Hosiery. Though it wasn’t a lifelong passion, he approached it with his usual adaptability and sense of humour.

Recently, when a nurse in palliative care asked what he had done for a living, Nick confidently declared he had been a sewing machine mechanic for 50 years – despite only having done it briefly in his younger years. It was a classic Nick moment, a reminder of his ability to bring laughter even in the most unexpected situations.

Marriage

Nick later returned to Donald, where he and Janine were married in 1981. It was in Donald that they built their life together, welcoming their three children – Nadia, Marika, and Ty – who became his pride and joy.

Nick worked on the family farm before transitioning to work with Janine’s father, Jack Penfold, at Pivot, where he was involved in spreading, grain storage and carting. But Nick was never just a “one-trick pony”. If there was something to be built, fixed, or improved, Nick was the man to do it. There was truly nothing he couldn’t do. Nick built so much machinery, and Nick’s secretary Anne would always shudder when he said he was going to the Longy Field Days because she would know that he was scheming. He would take photos of a shifter or elevators and sketch one out on graph paper, and just build it. Why buy it if you can make it would be Nick’s motto.

Sprinter

Right up until his final days, he was in the middle of converting a Mercedes Sprinter into a campervan for him and Janine to travel the country.

And when he reflected on his life, the only regret he had was not finishing that Sprinter. Imagine that – 69 years of a life well lived, and the only thing left undone was a van conversion. That speaks

volumes about the kind of man he was.

Fairmark

Nick’s talents extended far beyond mechanics and farming. He worked with Fairmark in Donald, fixing sewing machines and becoming a beloved member of the workplace.

He grew up horse riding, but at 16, swapped the saddle for football boots, proving he wasn’t afraid to try something new. While playing football, Nick was well known for his impressive Afro – a look that was as memorable as his skills on the field. Some might say it gave him extra aerodynamics, but really, it was just another part of what made Nick, Nick.

Interests

He was a pillar of the community – active in the Lions Club, Apex, Johnson Goodwin Homes board, Primary School Council President, and the debutante ball committee, where he spent over ten years creating breathtaking themed sets.

And let’s not forget his brief but illustrious stint as a model for “Pickles” at Mensland. The image of him modelling is still being used on t-shirt prints today – a true legacy if ever there was one.

Family First

Nick often joked about his marriage, saying, “We have never had a fight; I just do what I’m told.” And that sums him up perfectly – wise, humorous, and always putting his family first. Nick loved his daughters-in-law, Tarli and Nik, and absolutely adored his seven grandchildren – Elora, Arlo, Hadley, Loric, Banjo, Reya, and Jagger – and if ever there was a man who embodied the word “family,” it was Nick.

Determination

Even in his final months, Nick’s determination never wavered. He battled three primary cancers – lung, prostate, and finally, pancreatic. The latter was what ultimately took him, but not without a

fight. He underwent Whipple surgery, months of chemotherapy, and even after the cancer returned aggressively, he faced it with incredible strength and positivity. Two days before his passing, he said, “While I’m breathing, there’s hope.” That was Nick – always seeing the possibility, always holding on to hope.

And, in true Nick fashion, he never really accepted defeat. Even from his hospital bed, he was making plans. In the last days of his life, he bought a scissor lift so he wouldn’t have to get up on ladders anymore.

“If I get out of here and get another six months, I don’t want to fall off the perch in two months falling off a ladder,” he said.

His humour got him through even the hardest times. But once he realized there was nothing more that could be done, he wasted no time getting back online and relisting that scissor lift.

Bargain Hunter

Nick was also a bargain hunter extraordinaire. His family often laughed at his online purchases, never quite knowing what would arrive in the mail. One of his finest moments was ordering a second-hand laser hair removal machine for Marika’s salon – only for a necklace to show up instead. But that was Nick. He never placed value in possessions; he placed value in people, in experiences, in love.

Tireless

He worked tirelessly to build a beautiful life for his family, pouring his heart into everything he did. Alongside his grain storage and carting business, in recent years, Nick built a car wash, a laundromat, storage sheds as well as taking over a sand and soil business. He was always busy and always looking for his next project. Nick and Janine’s involvement in Amway brought them a circle of lifelong



• The late Nicholas Pearse.

friends, relationships they cherished deeply.

Travel

Nick and Janine also shared a love of travel, exploring the world together. Their adventures took them across America – visiting Niagara Falls, Boston, Martha’s Vineyard (where their lovely exchange student Jackie lived), New York, Las Vegas, San Francisco, and Hawaii. They travelled to Bali many times, as well as Thailand, Vietnam, Japan, Hong Kong, Paris, and cruised the rivers from Amsterdam to Budapest. Greece was another special place, particularly the beautiful island of Kithira, where they visited their dear friends Manny and Roula in their home.

Exchange Teacher

When their children were in primary school, Nick and Janine hosted Etsuko, an exchange teacher from Japan, for six months in their home. It is a testament to Nick and Janine’s hospitality and enduring friendships that Etsuko made the journey from Japan to be here today to farewell Nick.

Nick continued to work throughout his fight against cancer, never letting it slow him down. His dedication to his work and his family was unwavering, right until the very end.

Nick left this world on March 13, 2025, surrounded by his loving family. His final days were spent in the embrace of those who loved him most, and even then, he never stopped smiling.

One in a Million

Nick was a true gentleman, a man whose warmth, generosity, and humour made the world a better place. His presence will be deeply missed, not just by his family, but by the entire community of Donald and beyond. He was, as so many have said, one in a million.

So, today, as we say goodbye, let’s remember Nick for the incredible man he was. Let’s carry his kindness, his humour, and his unwavering love for family in our hearts. And let’s smile – because that’s exactly what Nick would want us to do.



“The Buloke Times”, Tuesday, April 1, 2025 — PAGE 3

Corack East Wind

Renewable Energy from ACEN



ACEN Australia is in the early stages of investigating a large-scale wind energy project in Buloke Shire in Western Victoria, called **Corack East Wind**. The development is proposed to be located on privately owned land between Donald, Birchip and Wycheproof.

Drop-in information Hub
Every Wednesday 1pm-6pm

Commencing 19 March, 2025

Meet the project team, find out more and provide feedback

Charlton Park Community Bank Complex
Boardroom

Charlton Park Community Bank Complex
Calder Hwy, Charlton

www.corackeastwind.com.au

info@corackeastwind.com.au

1800 498 550

Corack East Wind

"Times" Classifieds

Phone Donald 5497 1222, Birchip 5492 2735 Email admin@buloketimes.com

Deadlines:—

Tuesday's Issue: Classified advertisements (single column), 10 a.m. Monday. Display advertisements (2 or more columns), 3 p.m. Friday prior. Friday's Issue: Classified advertisements (single column), 10 a.m. Thursday. Display advertisements (2 or more columns), 3 p.m. Wednesday prior.

JEFFCOTT NORTH LANDCARE Meeting

Election of Office Bearers
WED. APRIL 2
7 p.m.
At Adam and Kathy Campbell's

LITCHFIELD DANCE SATURDAY, APRIL 5

8 p.m.
ALL WELCOME
GREAT BAND
FREE ADMISSION
Please come along and help the Walsh family celebrate the Centenary of their arrival in the district

Live-Alones' Luncheon

Tuesday, April 8
12 noon
HARVEST CAFÉ
RSVP: Call Harvest on 0477 235 482 or drop in to reserve your place.

Jeruk River Band

Charlton Golf Club
Sat. April 12
7.30 p.m.
Enq. Sue Walsh
0407 140 336



Donald P&A Society AGM

Monday, April 14
6 p.m.
ANDERSON BLUE ROOM
0412 104 122 for more info.
All welcome

Printed and published for the proprietors by Robin Letts, at the office of "The Buloke Times", 6 McCulloch Street, Donald.

Do in a friend
If you know someone celebrating a birthday, or wedding anniversary or some other special occasion, let us know and we'll let the world know!

- April 2, Justin Hepworth
- April 3, Chye Fowkes
- April 7, Lucas Anderson
- April 7, Peter Dixon

Darrell Lea Fine Chocolates

JOHN SANDS

If you know someone celebrating a special anniversary, let us know at **Donald Newsagency & Emporium**
For all your Greeting Cards, Wraps, Ribbons and Stationery needs.
37 Woods Street, Donald. 'Phone 54971510.

REX THEATRE CHARLTON 30-34 High St. Charlton 03 5491 2333 boxoffice@rextheatre.org.au rextheatre.org.au

COMING ATTRACTIONS



MICKEY 17
M 138 mins | Sci-Fi | Adventure

Sat 5 April 8pm
Sun 6 April 2pm
Tue 8 April 8pm

COMING: **BLACK BAG**
M 93 mins | Thriller | Mystery



WEST VIC AGRICULTURE & SPREADING SOLUTIONS

GYPSUM • LIME • UREA • S.SUPER

For all Your Spreading Needs *Jason Knight*
0416 884 760

Disability support workers needed

We're building teams for clients (young people and adults) in St. Arnaud and surrounding areas.

If you like to do support work and are happy to do some sleepover shifts then I'd love to hear from you to see if you're a match!

Previous experience working with people with disability an advantage.

Please call Jess at InLife Independent Living on 0457 006 215

Learn more at inlife.org.au

Poultry Shed Erector

Casual Position

We are a successful poultry shed building company looking to find additional strong workers to join our site crew. We are looking for labourers who are hardworking and willing to work as part of a team with the right attitude. The position includes concrete work for piers and slabs, steel framework, erection and roofing. The job location is in Huntly North and is a casual position starting April 7, 2025.

If you are interested, please phone Eddy on 0428 481 811.

 **Ambulance Victoria**

We need you!
Help save lives in your community!

Join your local community ambulance team!
Birchip CERT
Please contact ph: 0429 985 918 or scan the QR code

Ambulance Victoria is looking for enthusiastic, community-minded people to join our team in Birchip.

Becoming a First Responder with us offers many personal benefits and opportunities.
All training is provided, no experience necessary!
For more information visit our website or email: bulokegannawarra.pcsc@ambulance.vic.gov.au

ambulance.vic.gov.au  PCSCBuloke



New Horizon Quilting Charlton Pop-up Shop

Saturday, April 5
9 a.m. to 3 p.m.
ST JOSEPH'S SCHOOL MEETING ROOM
(entry off Kaye Street.)

Range of pre-cut fabrics, threads, limited range of wide back fabrics on the bolt and batting. Entry by gold coin donation (proceeds to St Joseph's). Any questions please ring Neil on 0411 867 075.

Enjoyment & Employment —
Have Both, Shop in Your Own Town!



Willow
ST MARY'S PRIMARY SCHOOL, DONALD

Mensland

OUTFITTING MEN SINCE 1959

HAS AKUBRA HATS

AUTHENTIC
Proudly Australian

Hard to get "CATTLEMAN" - 5 only

\$329.00

Also Thomas Cook and others

Just ring or email mensland@inet.net.au and we will deliver your order.

For Promotions, Specials and Competitions,  us on Facebook

Find us on 

70 Woods Street, Donald — 5497 1211

“Times” Classifieds



RETIREMENT LIVING UNIT AVAILABLE

Unit 1/20 Camp Street,
Donald

\$100,000 INGOING CONTRIBUTION

INSPECTIONS WELCOME



Unit 1

Ingoing Contribution **\$100,000**. Goodwin Village retains amounts from the Ingoing Contribution based on the length of time a person remains in the Unit. (Maximum retention is \$100,000 after 6 years occupancy).

UNIT FEATURES

- 2 bedroom unit.
- Built in wardrobes in both bedrooms
- No steps.
- Split System air conditioning.
- Ceiling fan in master bedroom.
- Carport close by
- Hard wired smoke detector
- 24/7 Emergency call system (if required)
- Emergency light for night time power outages
- No stamp duty, commission, or exit costs.
- Reasonable ongoing property costs (approximately \$135.00 per week)
- Resident has no building or garden maintenance worries anymore.

Phone (03) 5497 1304 OR 0408 971 304

Email: ahogan@goodwinagedcare.org.au

Anthony Hogan
Chief Executive Officer

The Ettamogah Pub Mob



“Would you mind stopping ... my tranquilizer is wearing off!”

© Southern Equity
Inv Trust 2014.
www.ettamogah.com

2025.25 | 7 YEARS ROADSIDE ASSIST & GAP PRICE SERVICING IN STOCK NOW

ABN Discount Prices



MY 2025.25 Ranger DualCab, Wildtrak, 3.0 Ltr V6 Dsl, 10 Spd Auto 4x4, Meteor Grey, Leather Accented Seats, Wildtrak Premium Pack **\$77,600** Drive Away

MY 2025.25 Ranger DualCab/Cab Chassis, XLT, 3.0 Ltr V6 Dsl, 10 Speed Auto 4x4, Meteor Grey, Premium Cloth Seat Trim, Upfitter Aux 6 Switch Pack, Bull Bar, Scrub Bars & Air Bags **\$76,400** Drive Away (Tray extra)

MY 2025.25 Ranger SuperCab Chassis, XL 2.0 Ltr Biturbo Diesel, 10 Speed Auto 4x4, Arctic White, Cloth Seat Trim, Towing Pack **\$52,300** Drive Away (Tray extra)

2025.25 Ranger DualCab Pickup, XLT, 2.0 Ltr Biturbo Dsl, 10 Speed Auto 4x4, Arctic White, Premium Cloth Seat Trim, Touring Pack, Mandatory ProTrailer Backup Assist **\$65,100** Drive Away



MY 2025.25 Ranger DualCab Pickup, Sport, 3.0 Ltr V6 Dsl, 10Spd Auto 4x4, Meteor Grey, Sport Embossed Seats, Touring Pack, Mandatory Pro Trailer Backup Assist **\$73,700** Drive Away

MY 2025.25 Ranger DualCab, Wildtrak, 3.0 Ltr V6 Dsl, 10Spd Auto 4x4, Arctic White, Leather Accented Seats, Wildtrak Premium Pack **\$76,900** Drive Away

My 2024.50 Mustang Fastback Dark Horse, 5.0l Petrol, 10Spd Auto, Blue Ember, Sport Seats, Dark Horse Appearance Pack **\$129,990** Drive Away

Please call

Duane Johns 0434 566 830 or

Tye Sibley 0409 286 614 for further information

Michaels of Donald

13-15 McCulloch St, DONALD Ph. 54971203 LMCT 6873



• Positioning a pole alongside the Donald-Swan Hill Road.

Replacing the Power Poles

Over the weekend, more than a dozen Powercor trucks and their occupants from Cobram, Horsham, Colac, Maryborough, Bendigo and Ballarat have been busy in Donald, replacing power poles.

The photos taken at 10 a.m. on Saturday show Powercor workers on elevated work platforms as the poles are placed in position along the Borung Highway on the outskirts of town.

After completing their tasks in Donald, the convoy of trucks and its work force were to head towards Litchfield to continue the power pole replacements.

Throughout Saturday, and into Sunday, members of the team were also hard at work replacing poles in the area between the Donald Hospital and Sunraysia Highway.



• Work in progress close to the intersection of the Borung Highway and Elizabeth Street.

Playgroup's Easter Egg Hunt Brings Joy to Birchip Memorial Park

Birchip Memorial Park was filled with laughter and excitement as the local playgroup hosted a delightful Easter egg hunt for young children and their families.

Families arrived early, with children clutching their Easter baskets, ready to embark on their egg-hunting adventure. Little ones scurried around the park, peering under benches, in the Moreton Bay figs and through the grass in search of their chocolate treasures.

The children gathered a host of mini eggs, and even the tinsel wrapping didn't deter them from enjoying the delicious chocolate.

As the morning drew to a close, happy children proudly showed off their collection of eggs and chocolate faces as they played on the playground equipment at the Birchip Memorial Park.

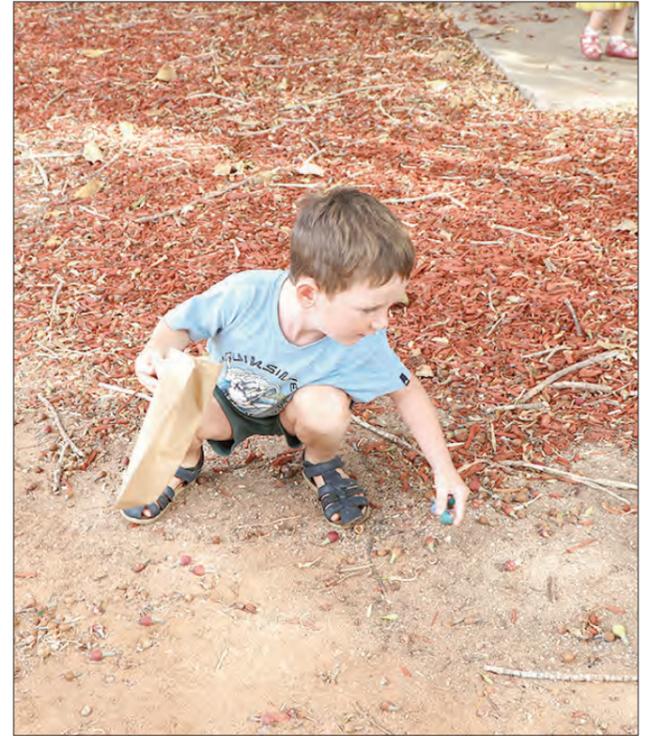
The fun morning was a great success, ensuring that all children left with a smile on their face.

Birchip Playgroup operates from the St Mary's Parish Centre behind the St Mary's Church every Friday from 10 a.m. to 12 noon and on Monday's there is supported playgroup with a facilitator attending fortnightly to help connect families with local services and develop and build parenting skills.

Parents, grandparents and carers of children 0-4 are all welcome to attend. There is a small membership charge for families to help meet the ongoing costs, but it is only \$10 per term or \$40 for the year.



• Hattie McLoughlan and Anna Beasley enjoying the playgroup.



• Jed Sheridan finding an egg.



• hunting for Easter eggs!



• Finn Beasley, Rudy Nottle, Jed Sheridan enjoying being out and about!



• Hunting for Easter eggs.



• Rudy Nottle, Artemisia Samuel, Eleanor Tyler, Felicity Coffey and Del Tyler.

Coping with Fatigue

There are often a number of underlying factors relevant to fatigue, and can include an inadequate diet, in particular an insufficient intake of vitamins and minerals. Lack of B Group vitamins, especially vitamin B12, and the mineral magnesium can cause chronic irritability, exhaustion and mental fatigue.

Although supplements are readily available it is far better to maintain a well balance diet — include fresh fruit and vegetables, and plenty of herbs. Foods to help motivate you and get you going are apples, bananas, corn, grapefruit, mangoes, papaya, peaches and yellow squash. A small glass of fresh carrot juice each day is also an excellent boost to the system — of all the juices it has

the best balance of vitamins and minerals.

Natural food sources of magnesium are almonds and other nuts, fish, prawns, leafy green vegetables, molasses, soybeans, sunflower seeds and wheatgerm. Herbs which provide this element are alfalfa (eat daily as sprouted seed), cayenne, dandelion and peppermint. Fresh dandelion leaves can be cooked like spinach or

the young, tender leaves chopped up and served in a salad.

B Group food sources are brewer's yeast (sprinkle over breakfast cereal), grains and seeds (such as wheatgerm), rice bran, sunflower seed, nuts, legumes, potatoes, almonds, mushrooms, soya beans, citrus fruits, molasses, spinach, cauliflower, salmon, and in some dairy products. Vitamin B12 can be found in most meats; however, this should be lean and eaten sparingly. Herb sources of B complex vitamins are dandelion, fenugreek, parsley, alfalfa, watercress, cayenne, burdock and sage.

Increased physical activity is also great for reducing fa-

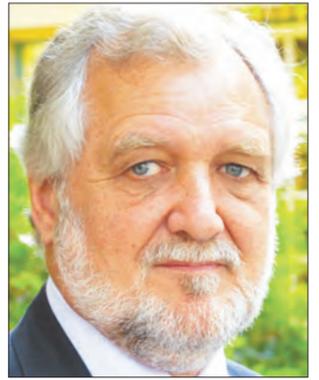
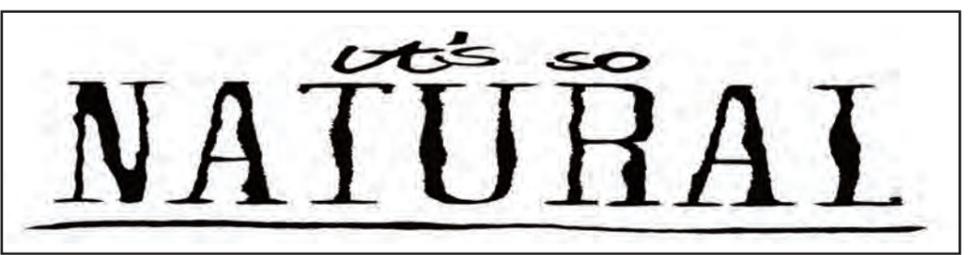
tigue — physical activity boosts energy levels, while a sedentary lifestyle is a known cause of fatigue. In addition, physical activity has many good effects on the body and mind. A good bout of exercise also helps you sleep better at night.

Sometimes, however, you need an easy way to combat fatigue when physical activity may not be a choice. A hand massage is the answer — it will also leave you feeling relaxed and refreshed and can be done anywhere, at any time. The pressure points of your hands are easily located, and may be worked for half a minute at a time. They can be found on the pads of each finger and the thumb, in the centre of the palm

(this is known as the solar plexus point), and also slightly up and to the left (or right) of this point, between the thumb and little finger.

To massage your hand, cradle it and support it with the fingers of your other hand, then apply pressure by alternately bending and straightening your thumb. To counteract fatigue, you will need to stimulate the adrenal glands. Do this by treating both hands by applying pressure to that point slightly to the left (or right) of the solar plexus point.

Most important, if you feel tired, irritable and exhausted, first assess what you are eating, and as much as possible include plenty of fresh fruit and vegeta-



• Alan Hayes

bles and herbs in your daily diet. This will give you the energy to get out and enjoy life, rather than sleeping it away.

Visit Alan on the Net - www.itssonatural.com

Trash to Treasure

One person's Trash is another's Treasure!

Turn your Trash into Cash by advertising it for sale in the "Times" classified pages. Phone the Donald office (5497 1222), or Birchip (5492 2735); email advertising@buloketimes.com

YOUR THREE-DAY TV GUIDE

Tuesday

ABC (2) 6:00 News Breakfast 9:00 ABC News 10:00 Australian Story 10:30 Compass (PG) 11:00 The Weekly With Charlie Pickering 11:30 Space 22 (PG) 12:00 ABC News 1:00 Call The Midwife (M) 1:55 Grand Designs Australia (PG) 2:55 Back Roads (PG) 3:20 Grand Designs (PG) 4:10 Long Lost Family (PG) 4:55 A Bite To Eat With Alice 5:25 Antiques Roadshow 6:25 Hard Quiz (PG) 7:00 ABC News 7:30 7.30 (PG) 8:00 Foreign Correspondent 8:30 Creative Types With Virginia Trioli	SBS (3) 11:00 Van Gogh - The Real Story 11:55 Ky's Story - Growing With Autism 12:00 Worldwatch 2:00 Saving Lives At Sea (M) 3:05 The Weekly Football Wrap 3:35 Plat Du Tour (In English/French) 3:40 The Cook Up With Adam Liaw (PG) 4:10 Lost Treasures Of Ancient Rome (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Great Coastal Railway Journeys (PG) 8:30 Insight (PG) 9:30 Dateline (PG) 10:00 SBS World News Late	PRIME (6) 6:00 Sunrise 9:00 The Morning Show (PG) 12:00 Seven Noon News 1:00 Australian Idol (PG) 2:00 Surveillance Oz (PG) 2:30 Border Security - International (PG) 3:00 Beat The Chasers UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News 7:00 Home And Away (PG) 7:30 The Americas (PG) 8:30 The Hunting Party (M v) 9:30 The Irrational (M v) 10:30 The Agenda Setters 11:30 St. Denis Medical (PG) 12:00 Movie: "House Of Chains" (M) ('22)	NINE (8) 6:00 Today 9:00 Today Extra (PG) 11:30 NINE News Morning 12:00 Married At First Sight (M I,s) 1:30 Getaway (PG) 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE News Afternoon 4:30 Tipping Point Australia (PG) 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 Travel Guides (PG) 8:40 TBA 9:40 Footy Classified (M I) 10:40 NINE News Late 11:10 The Equalizer (MA15+) 12:00 Next Stop 12:30 Tipping Point (PG) 1:30 Home Shopping	TEN (5) 10:00 Entertainment Tonight (PG) 11:30 Australian Survivor (PG) 11:30 Judge Judy (PG) 12:00 Good Chef Bad Chef 12:30 Family Feud (PG) 1:00 10 News First: Lunchtime 2:00 Wheel Of Fortune 2:30 Lingo (PG) 3:30 10 News First: Afternoon 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:00 Deal Or No Deal (PG) 6:30 The Project (PG) 7:30 The Dog House Australia (PG) [s] 8:40 NCIS (M v) 10:30 10's Late News 10:55 The Project (PG) 11:50 The Late Show (PG)
ABC ENTERTAINS (23) 2:20 Doctor Who (PG) 3:35 A Bite To Eat With Alice 4:05 Would I Lie To You? (PG) 4:40 MythBusters (PG) 5:30 Heartbreak High (PG) 7:00 My Family (PG) 7:30 QI (PG) 8:00 Would I Lie To You? (PG) 8:30 Breeders (MA15+)	SBS VICE (31) 3:40 NITV News Update 3:45 BBC News At Ten 4:15 ABC World News Tonight With David Muir 4:40 PBS News Hour 5:45 The Fast History Of (PG) 6:10 Mysteries From Above (PG) 7:05 Jeopardy! 7:30 NITV News Update	7TWO (62) 2:00 Creek To Coast 2:30 My Greek Odyssey (PG) 3:30 Harry's Practice 4:00 Medical Emergency (PG) 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Call The Midwife (PG) 8:30 Inspector George Gently (M)	GEM (81) 12:00 Days Of Our Lives (PG) 1:50 Death In Paradise (M v) 3:00 Antiques Roadshow 3:30 Movie: "Saraband For Dead Lovers" (G) ('48) Stars: Stewart Granger 5:30 Yorkshire Auction House 6:30 Antiques Roadshow 7:30 New Tricks (PG) 8:40 The Chelsea Detective (M v)	PEACH (52) 1:30 The King Of Queens (PG) 2:00 Becker (PG) 2:30 Frasier (PG) 3:30 Rules Of Engagement (PG) 4:00 Good Chef Bad Chef 4:30 The King Of Queens (PG) 5:00 Becker (PG) 5:30 Frasier (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (PG)
ABC FAMILY (22) 4:10 Kiri And Lou 4:25 Builder Brothers Dream Factory 5:00 Peppa Pig 5:35 Fireman Sam 6:05 PJ Masks Power Heroes 6:25 Octonauts: Above And Beyond 7:05 Odd Squad 7:35 Star Wars: Young Jedi Adventures 8:05 Operation Ouch!	SBS MOVIES (32) 3:50 Movie: "Dafne" (PG) ('19) Stars: Stefania Casini (In Italian) 5:35 Movie: "Belle" (PG) ('13) Stars: Gugu Mbatha-Raw 7:30 Movie: "The Grump: In Search Of An Escort" (M I) ('22) Stars: Heikki Kinnunen (In Finnish)	7MATE (63) 2:00 Gem Hunters Down Under (PG) 3:00 Billy The Exterminator (PG) 3:30 Storage Wars New York (PG) 4:00 Mountain Men (PG) 5:00 American Restoration (PG) 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 The Agenda Setters	GO! (82) 2:00 The Golden Girls (PG) 2:30 The Nanny (PG) 3:30 Seinfeld (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 The Golden Girls (PG) 6:30 The Nanny (PG) 7:30 Seinfeld (PG) 8:30 Movie: "Analyze This" (M I,s) ('99) Stars: Billy Crystal	BOLD (53) 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Jake And The Fatman (PG) 9:30 Diagnosis Murder (PG) 11:30 JAG (PG) 1:30 The Ex-Wife (M I,s,v) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG (PG) 7:30 NCIS (M v)

Wednesday

ABC (2) 6:00 News Breakfast 9:00 ABC News 10:00 Four Corners 10:45 Q+A 12:00 ABC News 12:30 National Press Club Address 1:35 Media Watch 2:00 Grand Designs Australia (PG) 2:55 Back Roads (PG) 3:25 Grand Designs (PG) 4:15 Long Lost Family (PG) 5:00 A Bite To Eat With Alice 5:25 Antiques Roadshow 6:30 Hard Quiz (PG) 7:00 ABC News 7:30 7.30 (PG) 8:00 Hard Quiz (PG) 8:30 The Weekly With Charlie Pickering (PG) 9:00 Melbourne Comedy Festival Allstars Supershow (M)	SBS (3) 10:00 Food Markets - In The Belly Of The City (PG) (In English/ Italian) 11:00 Van Gogh - The Real Story 11:55 Ky's Story - My Sister Jorja 12:00 Worldwatch 2:00 Dateline (PG) 2:30 Insight (PG) 3:30 The Cook Up With Adam Liaw 4:00 Highway To The Sky (PG) 4:10 Lost Treasures Of Ancient Rome (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Alone Australia (M I) 8:40 Eurostar - Minding The Gap	PRIME (6) 6:00 Sunrise 9:00 The Morning Show (PG) 12:00 Seven Noon News 1:00 Movie: "The Good Sister" (M v) ('14) Stars: Sonya Walger 3:00 Beat The Chasers UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News 7:00 Home And Away (PG) 7:30 The 1% Club UK (PG) 8:30 The Front Bar (M I) 9:30 Unfiltered (M) 10:00 Lawrence Mooney - Embracing Your Limitations (MA15+) 11:30 Autopsy USA (M) 12:30 Covert Affairs (M s,v) 1:30 Travel Oz (PG)	NINE (8) 6:00 Today 9:00 Today Extra (PG) 11:30 NINE News Morning 12:00 Movie: "Stalked by My Teacher" (AKA 'The Wrong Cheerleader Coach') (M) ('20) Stars: Vivica A. Fox 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE News Afternoon 4:30 Tipping Point Australia (PG) 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 The Hundred With Andy Lee (PG) 8:30 The Grand Tour (M I) 9:50 Wild Cards (M v) 10:50 NINE News Late 11:20 The Equalizer (MA15+)	TEN (5) 10:00 Entertainment Tonight (PG) 11:30 Judge Judy (PG) 12:00 Good Chef Bad Chef 12:30 Family Feud (PG) 1:00 10 News First: Lunchtime 2:00 Wheel Of Fortune 2:30 Lingo (PG) 3:30 10 News First: Afternoon 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:00 Deal Or No Deal (PG) 6:30 The Project (PG) 7:30 Airborne - Nature In Our Skies (PG) 8:40 Elsbeth (M v) 9:40 NCIS: Origins (M v) 10:30 10's Late News 10:55 The Project (PG)
ABC ENTERTAINS (23) 2:30 Doctor Who (PG) 3:35 A Bite To Eat With Alice 4:05 Would I Lie To You? (PG) 4:40 MythBusters (PG) 5:30 Heartbreak High (PG) 7:00 My Family (PG) 7:30 QI (PG) 8:00 Would I Lie To You? (PG) 8:30 Mayfair Witches (M I,v)	SBS VICE (31) 3:40 NITV News Update 3:45 BBC News At Ten 4:15 ABC World News Tonight With David Muir 4:40 PBS News Hour 5:40 History's Crazy Rich Ancients (PG) 6:05 Are You Autistic? (PG) 7:05 Jeopardy! 7:30 NITV News Update	7TWO (62) 2:00 Sydney Weekender 2:30 The Yorkshire Vet (PG) 3:30 Harry's Practice 4:00 Medical Emergency (PG) 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Heartbeat (PG) 8:45 Lewis (M v) 10:45 Law & Order: UK (PG)	GEM (81) 12:00 Days Of Our Lives (PG) 1:50 New Tricks (PG) 3:00 Antiques Roadshow 3:30 Movie: "Baby And The Battleship" (G) ('56) Stars: Richard Attenborough 5:30 Yorkshire Auction House 6:30 Antiques Roadshow 7:30 Yes Minister 8:40 Midsomer Murders (M s,v)	PEACH (52) 2:00 Becker (PG) 2:30 Frasier (PG) 3:30 Rules Of Engagement (PG) 4:00 Good Chef Bad Chef 4:30 The King Of Queens (PG) 5:00 Becker (PG) 5:30 Frasier (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (PG) 10:00 Becker (PG)
ABC FAMILY (22) 4:10 Kiri And Lou 4:25 Builder Brothers Dream Factory 5:00 Peppa Pig 5:35 Fireman Sam 5:50 The Adventures Of Paddington 6:25 Octonauts: Above And Beyond 7:05 Odd Squad 7:35 Star Wars: Young Jedi Adventures	SBS MOVIES (32) 4:15 Movie: "Viajeros" (PG) ('22) (In Spanish) 5:50 Movie: "Eat Wheaties!" (PG) ('20) 7:30 Movie: "Made In America" (M) ('93) Stars: Whoopi Goldberg 9:35 Movie: "Austin Powers: International Man Of Mystery" (M I,v) ('97)	7MATE (63) 1:00 Outback Truckers (PG) 3:00 Billy The Exterminator (PG) 3:30 Storage Wars New York (PG) 4:00 Mountain Men (PG) 5:00 American Restoration (PG) 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 Highway Patrol (PG)	GO! (82) 2:00 The Golden Girls (PG) 2:30 The Nanny (PG) 3:30 Seinfeld (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 The Golden Girls (PG) 6:30 The Nanny (PG) 7:30 Seinfeld (PG) 8:30 Movie: "Suicide Squad" (M h,l,v) ('16) Stars: Margot Robbie	BOLD (53) 6:00 Home Shopping 8:00 NBL Slam 9:00 What's Up Down Under 9:30 Diagnosis Murder (PG) 11:30 JAG (PG) 1:30 The Ex-Wife (M I,s,v) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG (PG) 7:30 Elsbeth (M v) 8:30 NCIS (M v)

Thursday

ABC (2) 6:00 News Breakfast 9:00 ABC News 10:00 Foreign Correspondent 10:30 Back Roads (PG) 11:00 Antiques Roadshow 12:00 ABC News 1:00 Best Interests (M I) 2:00 Grand Designs Australia (PG) 2:55 Back Roads (PG) 3:25 Grand Designs (PG) 4:15 Long Lost Family (PG) 5:00 A Bite To Eat With Alice 5:25 Antiques Roadshow 6:25 Hard Quiz (PG) 7:00 ABC News 7:30 7.30 (PG) 8:00 Restoration Australia (PG) 9:00 Grand Designs Australia (PG)	SBS (3) 5:00 Worldwatch 9:00 Curious Traveller (PG) 10:00 Food Markets - In The Belly Of The City (PG) 11:00 Music Voyager 12:00 Worldwatch 1:55 Alone Australia (M I) 3:00 Where Are You Really From? (PG) 3:30 Plat Du Tour (In English/French) 3:40 The Cook Up With Adam Liaw 4:10 Lost Treasures Of Ancient Rome (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Finding Your Roots (PG) 8:30 Sydney's Super Tunnel	PRIME (6) 6:00 Sunrise 9:00 The Morning Show (PG) 12:00 Seven Noon News 1:00 Movie: "A Deadly Invitation" (AKA 'The Sisterhood') (M v) ('19) Stars: Claire Coffee 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News 7:00 AFL: Round 4: Collingwood v Carlton "Live" 10:30 AFL: Post-Game 11:00 Kick Ons 11:30 The Chernobyl Disaster (M) 12:30 Damnation (MA15+) 1:30 Harry's Practice 2:00 Home Shopping 4:00 NBC Today	NINE (8) 6:00 Today 9:00 Today Extra (PG) 11:30 NINE News Morning 12:00 Movie: "Death She Wrote" (M) ('21) Stars: Samora Smallwood 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE News Afternoon 4:30 Tipping Point Australia (PG) 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 RBT (M I) 8:30 Emergency (M) 9:30 A&E After Dark (M I) 10:30 My Feet Are Killing Me (M I) 11:20 NINE News Late 11:50 Tipping Point (PG) 12:40 Pointless (PG)	TEN (5) 10:00 Entertainment Tonight (PG) 11:30 Airborne - Nature In Our Skies (PG) 11:30 Judge Judy (PG) 12:00 Good Chef Bad Chef 12:30 Family Feud (PG) 1:00 10 News First: Lunchtime 2:00 Wheel Of Fortune 2:30 Lingo (PG) 3:30 10 News First: Afternoon 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:00 Deal Or No Deal (PG) 6:30 The Project (PG) 7:30 Gogglebox Australia (PG) 8:30 Taskmaster Australia (PG) 9:40 Law & Order: SVU (PG) 10:40 10's Late News
ABC ENTERTAINS (23) 2:50 Doctor Who (PG) 3:35 A Bite To Eat With Alice 4:05 QI (PG) 4:35 MythBusters (PG) 5:25 Heartbreak High (PG) 7:00 My Family (PG) 7:30 QI (PG) 8:00 Would I Lie To You? (PG) 8:30 Hard Quiz (PG)	SBS VICE (31) 3:45 NITV News Update 3:50 BBC News At Ten 4:20 ABC World News Tonight With David Muir 4:50 PBS News Hour 5:50 History's Crazy Rich Ancients (PG) 6:15 Over The Black Dot 6:45 Travel Man (PG) 7:15 Jeopardy! 7:40 NITV News Update	7TWO (62) 2:00 South Aussie With Cosi (PG) 2:30 Auction Squad 3:30 Harry's Practice 4:00 Better Homes And Gardens 5:00 Escape To The Country 6:00 Bargain Hunt 7:00 Home And Away (PG) 7:30 Father Brown (M) 8:30 Murdoch Mysteries (M v)	GEM (81) 12:00 Days Of Our Lives (PG) 1:50 Yes Minister 3:00 Antiques Roadshow 3:30 Movie: "Carry On Cowboy" (PG) ('65) Stars: Charles Hawtrey 5:30 Yorkshire Auction House 6:30 Antiques Roadshow 7:30 NRL: Raiders v Sharks "Live" 9:55 NRL: Thursday Night Knock Off	PEACH (52) 2:00 Becker (PG) 2:30 Frasier (PG) 3:30 Rules Of Engagement (PG) 4:00 Good Chef Bad Chef 4:30 The King Of Queens (PG) 5:00 Becker (PG) 5:30 Frasier (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (PG) 9:30 Becker (PG)
ABC FAMILY (22) 4:10 Kiri And Lou 4:25 Builder Brothers Dream Factory 5:00 Peppa Pig 5:35 Fireman Sam 5:50 The Adventures Of Paddington 6:25 Octonauts: Above And Beyond 7:05 Odd Squad 7:35 Star Wars: Young Jedi Adventures	SBS MOVIES (32) 3:50 Movie: "The Magic Of Belle Isle" (PG) ('12) Stars: Morgan Freeman 5:55 Movie: "Fantastic Mr. Fox" (PG) ('09) Stars: Wes Anderson (In English/ French) 7:30 Movie: "Gambit" (G) ('66) Stars: Michael Caine 9:10 Movie: "The Duke" (M I,s) ('20)	7MATE (63) 3:00 Billy The Exterminator (PG) 3:30 Storage Wars New York (PG) 4:00 Mountain Men (PG) 5:00 American Restoration (PG) 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 Dogs Behaving (Very) Badly (PG)	GO! (82) 2:20 Innovation Nation 2:30 The Nanny (PG) 3:30 Seinfeld (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 The Golden Girls (PG) 6:30 The Nanny (PG) 7:30 Survivor 48 (PG) 9:00 Movie: "22 Jump Street" (MA15+) ('14) Stars: Channing Tatum	BOLD (53) 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Jake And The Fatman (PG) 9:30 Diagnosis Murder (PG) 11:30 JAG (PG) 1:30 The Ex-Wife (M I,s,v) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG (PG) 7:30 NCIS (M v)



Implications of Climate Change on Mallee Crops



Climate change is a critical issue facing irrigated horticulture in the Victorian Mallee, with increasing temperatures and a water constrained environment posing major threats.

In recognising the critical importance of maintaining productive and sustainable horticultural industries, the Mallee CMA commissioned this study, with Agriculture Victoria providing project management.

The initial phases of this project looked at modelling the effect of a changing climate on the production of 7 horticultural crops (almond, avocado, wine grapes, table grapes, dried vine fruit, citrus and pistachio).

The final phases began looking at project water requirements of these crops under future climate scenarios.

Webinar Recording

Implications of climate change on various Mallee horticultural crops.

Presenters were Jeremy Giddings, Irrigation Regional Manager, Agriculture Victoria and Geoff Rix, Manager Salinity and Water Quality, Mallee CMA.

In this webinar recording Jeremy Giddings summarised the findings of both phases of the project and how the results could be used by industry and government.

Duration: 58 minutes (including questions). Password: Climate.

This webinar was presented on Wednesday, March 26, at 12 p.m.. Climate webinar recordings are available online <https://agriculturevictoria.cmail19.com/t/r-l-thirohd-nqfullyl-j/>

Exotic Disease Outbreaks

(Dr Jeff Cave, Senior Veterinary Officer, Northern Region)

What would an exotic disease outbreak look like on my property? It is difficult to imagine a more stressful scenario for a producer, an exotic disease has been diagnosed on their property – what happens next?

Naturally there are numerous possible scenarios and the approach taken would vary according to the specific disease. A series of documents known as AUSVETPLAN are in place to guide the process to help ensure a consistent, successful outcome.

In general, the producer's property would be quarantined to limit the chance of the disease spreading to other properties.

Further samples may be collected to confirm the diagnosis and to help ascertain the extent of its spread on the property. These would be tested at the CSIRO Australian Centre for Disease Preparedness (ACDP) at Geelong.

Epidemiological information, such as recent movements on and off the property, would be collected to help

guide tracing and surveillance activities on other properties.

An Incident Control Centre would be established at a suitable location in a nearby town, whose activities would be directed by a State Control Centre.

Infected premises operations would be put into place to eradicate the disease on the property and to ensure contaminated material doesn't leave the property.

This would vary according to the nature of the disease. If destruction of livestock or property is necessary compensation would be paid.

Local movement controls may be set up through the declaration of restricted areas and control areas.

Eventually, when eradication of the disease had been achieved, proof of freedom testing would be necessary to prove to our trading partners

that the disease had been successfully eradicated.

It sounds like a lot, but all of this would be necessary in order to preserve Australia's multi-billion-dollar livestock industries and to prevent the establishment of a new exotic disease.

Naturally, none of this will be necessary if we don't allow these diseases to enter Australia and to come into contact with our livestock.

We urge you to report any unusual signs or suspected cases of emergency animal disease immediately to the all-hours Emergency Animal Disease Hotline on 1800 675 888. Early reporting increases the chance of effective control and eradication.

For further information contact your local Agriculture Victoria Veterinary or Animal Health Officer.

Wheat Sowing Depth and Long Coleoptile Varieties

The coleoptile is the protective sheath which encloses the emerging shoot and first leaves. The longer the coleoptile is, the greater the emergence potential when deep sowing.

Long coleoptile wheats are suitable for deep sowing up to 100 mm into subsoil moisture when surface soils are too dry. The length of the coleoptile determines the depth of soil cover from which a seed can reliably emerge. When deep sowing, use large seed (slotted screen size greater than 2.5 mm and no less than 2.25 mm) that exceeds 11% protein and 90% germination.

Deep sowing may require changes to your seeder setup. These changes can help to achieve efficient deep furrow loosening, optimise seed/fertiliser placement and accurately control furrow pressing.

Fertiliser should be separated from the seed to avoid fertiliser toxicity, particularly

in marginal soil and coarse-textured sandy soils. Fungicides and some pre-emergent herbicides can reduce coleoptile length. Check labels before applying treatments to seed, fertiliser or in-furrow.

A new coleoptile length classification system is being developed to ensure growers know the maximum sowing depth for each wheat variety.

Overview

Changing autumn rainfall patterns are predicted to delay "seasonal break" rains throughout much of the southern and western Australian grainbelts. Seedbeds may be dry while stored water below remains just out of reach.

Long coleoptile wheats are being bred to allow deep sowing

up to 100 mm into subsoil moisture when surface soils are too dry. The coleoptile is the protective sheath which encloses the emerging shoot and first leaves. The longer the coleoptile is, the greater the emergence potential when deep sowing.

The success of these varieties relies on crops establishing soon after sowing. Soil moisture and strength influence the timing and rate of germination, coleoptile growth and ultimately how many seedlings emerge.

How Deep Should I Sow?

Sowing depth can be adjusted according to soil conditions to improve crop establishment. Sowing depth is calculated from the seed to the bottom of the press-wheel furrow and ignores any increased depth with furrow infill.

Seeding system design and operation can maximise seed placement depth to reach deeper soil moisture, while controlling soil cover to keep within the coleoptile length of the variety.

The optimal depth for wheat sown into ideal moist soil conditions following rainfall is widely reported at 30-40 mm below the soil surface. However, dry surface soils require sowing at depths of up to 100 mm to place the seed where soil moisture is present in the profile.

Read the full article: <https://grdc.com.au/resources-and-publications/all-publications/paddock-practices/2025/national/march/paddock-practices-wheat-sowing-depth-and-long-coleoptile-varieties>

What's On

GRDC National Grower Network

You are invited to attend this GRDC National Grower Network Forum at Warracknabeal on April 3, 2025 to contribute your ideas, issues, constraints and opportunities for RD&E investments to enhance grower profitability in your local region.

Topics include: Identifying challenges and opportunities impacting farm profitability and contribute to local RD&E investments; Identifying risks and opportunities in the Australian grains industry.

Guest speaker: Andrew Whitelaw.

This free of charge forum is open to growers, advisers, researchers and industry and is led by Rebekah Starick and Courtney Ramsey, GRDC Grower Relations Managers.

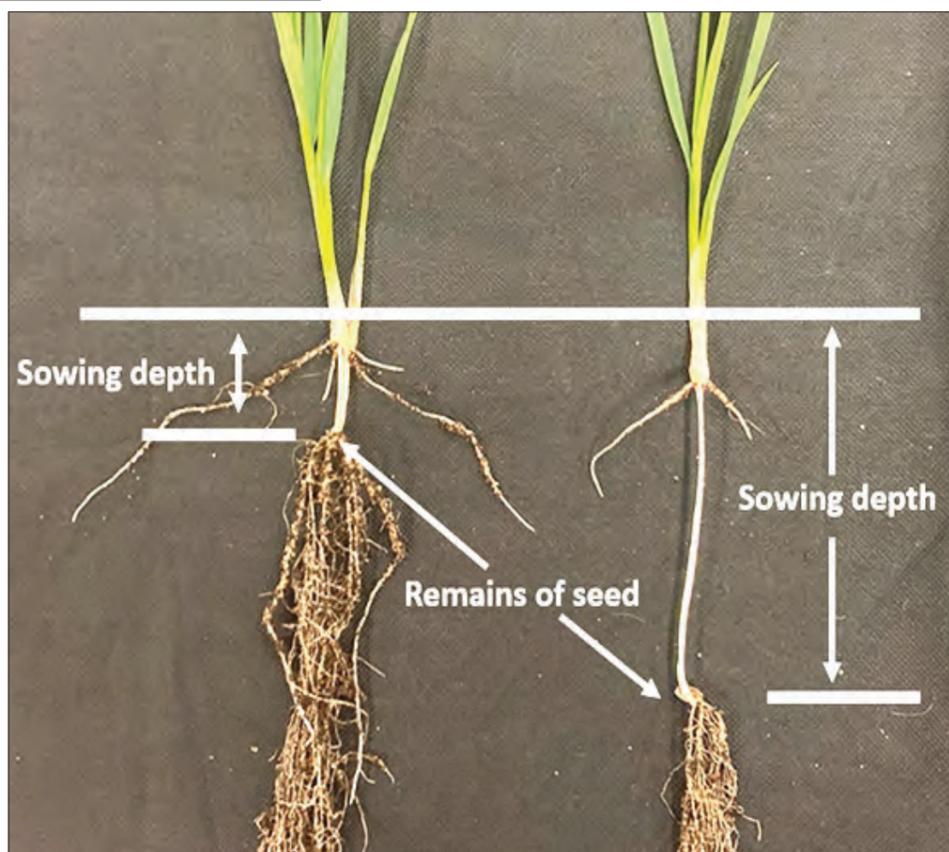
For more information on the NGN forums, visit the GRDC National Grower Network page. Registration is essential for catering purposes.

For further information, contact Belinda Cay, AgCommunicators or call 0423 295 576.

When: April 3, 2025 4:00 p.m..

Where: Taylor's Palace Hotel, 99 Scott Street, Warracknabeal, Victoria.

To register: Visit the GRDC events page <https://grdc.com.au/events/list/2025/04/grdc-national-grower-network-forum-warracknabeal>



• The effect of sowing depth on a wheat plant with a short and long coleoptile length relative to soil surface. Photo: CSIRO.

Charlton 100 Years Ago



• Left to right: Steve Murphy, Fred. Ellis, Gertie Stowe, Frank Stowe, ? Rev. Staples, Les. Exell, Dorothy Phillips, Alf. Dabron.

(Information from "East Charlton Tribune")

March 28 to April 1, 1925.

St Patrick's Cup: Visitors attended from Melbourne, Ballarat, Geelong, Bendigo, Kerang, St Arnaud, Donald, the Sea Lake line, Korong Vale, Wedderburn, Marong, Inglewood and surrounding districts. Among those present were Rev. Father Kelly and Rev. Father O'Shannessy. The motor cars made an imposing spectacle. The weather, which had been dry for days, broke about midnight. At the conclusion of the first race, another shower fell, and not only made the going to the slippery side, but compelled the racegoers to seek the shelter of the grandstand. The winning owner (Mr R. Wright) of the Cup was handed the trophy which consisted of a silver tea service, on a silver mounted oak tray, suitably inscribed. The jockey was H. Charles.

The Hand of Death: Mr Frank Gordon Stowe died at the too early age of 34. The deceased suffered from a rare and baffling complaint, which affects the nerves, and to which only young people are subject. The late Mr Stowe was born in Bendigo in 1890. The family had been in Bendigo 12 months when they removed to Charlton. After a residence of some years here, they went to Warracknabeal, and subsequently came to Wycheproof, where they remained for 2 years. Afterwards they returned to Charlton, where the late Mr Stowe assisted Mrs C.

F. Stowe in the conduct of her business. The late Mr Stowe subsequently entered into partnership with Mr J. S. Norris, in the fruit business. Mr Stowe married Mary (Minnie) Giles. Besides his widow, he leaves 3 brothers and 6 sisters.

Charlton's Children: "I have been in a good many schools, and I want to say that you have in Charlton a very fine type of boy and girl. I would not say that merely to please them – or you. It is my sincere opinion, based upon my experience of them. Charlton in that respect is not behind any school I have ever been in. I am not saying every boy and girl in Charlton is a genius; they have average intelligence and a high moral tone..." So declared Mr N. McHutchison in the course of his response at the farewell gathering in the school, prior to his departure for Numurkah. Mr A. E. Bilton, on behalf of the parents, staff and pupils, asked Mr McHutchinson to accept a pair of silver entrée dishes and a silver cake-stand.

Brilliant Ball: The Annual ball, held in St Joseph's Hall, established a new attendance record, there being about 150 couples present. The excellence of the music played by Miss Mary Spain (piano), Messrs A. C. Dabron (trombone), O. Tappe (violin) and L. S. Downe (violin) was generally commented upon. Sumptuous indeed was the supper provided by the ladies of the Catholic Women's Social Guild, and for this no fewer than five sittings were necessary. A feature of the Ball was the array of gorgeous gowns, and the spectacle was a brilliant one. Mrs A. O'Connor wore a particularly beautiful and costly dress of cerise georgette, trimmed with crystal beads.

Charlton – Health Resort: In his monthly report to the Shire Council, the health Officer (Dr W. E. Wilson) stated that the health of the Shire has been very good. Very little infectious disease of any sort has been notified. Only 1 case of diphtheria and 2 of tuberculosis, were reported; none of typhoid. The general condition of the town drains is better, but the dust from the roads is most unhealthy. There is a great need for a rubbish system. Improvements are being notified everywhere in Charlton and it is no doubt one of the healthiest towns in the North. It should make a splendid health resort. The statistics of births and deaths are exceedingly satisfactory, viz, births, females 48, males 40; deaths, females 6, males 5.

Wandering Cattle: It was mentioned by Cr W. Williams at the Council meeting that complaints had been received of cows getting into the wheat stacks at the station. Wheatbuyers did not expect the Council to keep cows out of the railway yards, but they did expect the Council to keep the bovine wanderers off the streets.

Community Update Buloke.



Final call out to all young people in Buloke Shire!

We have extended the due date for applications to be submitted to join our new Buloke Youth Advisory Group.

If you live in Buloke and are aged between 12 to 25 years the Buloke Youth Advisory Group is an opportunity for you to have your say on the issues that matter most to you to help shape local youth services, events, and initiatives.

As a member of the group, you will get the chance to:

- Represent young people in Buloke Shire
- Advocate for issues important to you and other young people
- Advise the Buloke Shire Council on the needs of youth
- Build leadership skills and confidence
- Influence youth programs and projects

Expressions of interest now open until 4 April 2025.

To find out more or submit an Expression of Interest visit www.buloke.vic.gov.au/youth-services



Employment Opportunities with Buloke

Council is an equal opportunity employer. Our roles are non-gender specific and Council encourages all suitably qualified applicants to apply. For more information on equal opportunity, call Human Resources on 1300 520 520.

You can find all current employment opportunities at www.buloke.vic.gov.au/employment

Applications can be lodged by:

Mail - PO Box 1, Wycheproof VIC 3527 or Email - recruitment@buloke.vic.gov.au

Coordinator Road Services
Permanent (Full Time) - From \$ 100,000.00 pa (+ statutory superannuation)

→ Applications Close: 2 May 2025

We are seeking a dynamic and proactive individual to join the Buloke Shire Council team as the Coordinator Road Services. This role holds the responsibility of overseeing a range of transport and drainage infrastructure assets through coordination of staff and resources, ensuring efficient and effective maintenance and prevention works to Councils' Road service network.

Coordinator Community Development and Facilities - Charlton
Permanent (Fulltime) - \$100,000 - \$111,500 pa (+ statutory superannuation)

→ Applications Close: 17 April 2025

This is an exciting opportunity to lead the coordination of Council's community development projects, grant programs and community facilities and engage with the community on current and emerging community development needs and opportunities.

The successful applicant will manage a range of programs and activities that support our local community groups and organisations, stakeholders and volunteers to create a well-connected, resilient and engaged community.

Coordinator Recreational Places and Spaces - Charlton Permanent (Fulltime) - \$100,000 - \$111,500
(+ statutory superannuation)

→ Applications Close: 17 April 2025

We are looking for an enthusiastic individual to manage and coordinate our recreational places and spaces (incl. aquatic facilities) to ensure the provision of council owned and managed facilities and services continue to meet current and future community needs.

The successful applicant will work in partnership with the community and all stakeholders, including committees of management, in the coordination, development and implementation of recreational policies, masterplans, leases and licenses.

Closing Soon - Buloke Shire Council 2025 - 2029 Council Plan Survey

Help us in shaping the next Buloke Shire Council Plan!

We are in the final stages of developing our next Council Plan with an integrated Public Health and Wellbeing Plan.

This critical period of community engagement and planning by Council will seek to set up the next four-year Council term and beyond, so that future decision making is guided by you - our community.

HOW TO GET INVOLVED

Online – An online survey is now open until 4 April 2025. Complete the survey by scanning the QR code.



Hard copy – Hard copy surveys will also be available upon request and from your local Buloke Library Service, as well as Council's Council Customer Service Centre - based in the Wycheproof Shire Office.

Postcards – We understand that not everyone has time to spare, but we want you to Have Your Say so we have developed a series of Postcards which are a quick tick box survey that you can complete while on the run. Postcards will be available at locations you frequent across the Shire including cafes, bakeries, service providers and prominent community centres.

Animal Registrations 2025/26 now due

It's now time for cat and dog owners to ensure they have registered their pets.

Cats and dogs who are aged over three months must be registered by 10 April 2025.

Pet owners should have now received notices in the mail with instructions on how to register their pet. All cats and dogs must be microchipped before they can be registered.

For more information about registering your pet or if your details have changed, please call us on 1300 520 520 or email buloke@buloke.vic.gov.au



Phone: 1300 520 520
www.buloke.vic.gov.au



Order Your Rubber Stamps

from the

"BULOKE TIMES"

McCULLOCH STREET, DONALD
5497 1222

Range of type to choose from

One Hundred Years Ago

From the "Birchip Advertiser", April 3, 1925.

Football Club Annual Meeting: The annual meeting of the Birchip Football Club which over 70 attended, was held at the Mechanics' Hall on Monday evening.

The retiring president, Mr. J. J. Ryan, occupied the chair.

Mr. Ryan, in referring to last season, said that Birchip had an excellent chance of attaining the premiership and a good deal of money had been expended. However, the year ended with a small credit balance.

The secretary of the Association (Mr. Robinson) sent a letter to the club secretary asking that the delegates be sent to a meeting held last Friday, but owing to the receipt of the letter being delayed through the secretary's absence, there was not sufficient time to call a meeting to appoint delegates. As he, the president, was a delegate last year he had attended the meeting with the secretary, Mr. H. Lockwood. Mr. Barton, of Litchfield, was elected president of the Association, and he, Mr. Ryan, was elected senior vice-president.

The rules had been amended as follows: Five

days' notice must be given when calling a meeting.

Appeals must go before the Association for consideration before being submitted to the League.

Radius: Birchip's radius is the same as last year's, with permits to play Allison and Warne. If they leave the district two others residing not more than 40 miles from Birchip can be chosen.

The radii of the other clubs had been altered with the exception of Donald.

As the Watchem Club has not formed this year, the only teams to compete in the competition are Birchip, Litchfield, Donald, Cope Cope and St Arnaud. The trophy would be the same as last year with the exception of sleeve links.

One of our players was reported last year by Umpire Petrie for striking a Donald player and, as the case had been dealt with by the Association, he asked that the matter be decided - delegates decided to take no further action.

Messrs. Gook and Rankin moved that the action of the delegates be endorsed. Carried

Election of Officers

President: Mr. J. J. Ryan.

Secretary: Mr. H. Lockwood.

Senior Vice-Presidents: Rev. T. Whitworth, Messer's. Gook, Rankin, W. McClland, Bales and J. Barber.

Treasurer: R. H. G. Glenny

Auditor: Mr. F. G. Ackland.

Head Trainer

Messrs. Hampton and C. E. Peverill moved that the trainer be paid £1 1s per week and travelling expenses.

Messrs. Lester and Whitworth moved that the matter of appointing a head trainer be left in the hands of the general committee.

An amendment moved by Toleman and V. Connelly, that the appointment be decided tonight was carried.

Mr. Toleman was appointed head trainer. Trainers Messrs. Hewitt, Holloway and Cutts who assisted.

During the afternoon the band, under the baton of Mr. Scown, played a number of selections.

Honorary Coach

Messrs. Frank and Fletcher moved that Mr. Ted Hampton be appointed honorary coach. - Carried.

Members Tickets

The price of members tickets for gents is fixed at 10s and ladies 3/9.

Testimonial to Kelly Connelly

The chairman is referring to the happening at a match between Donald and Birchip when Kelly Connelly struck M. Hogan. It was up to the club to come to the assistance of the former, who acted in self-defence, but unfortunately he had been put to considerable expense as a result of the injuries inflicted on the latter. This may have happened to any of the players as the man who was struck was, in the opinion of many, a most unfair player. The club should present Connelly with a testimonial to help him defray his expenses.

Messrs. Gook, Bales and Eyekens were appointed collectors in addition to several others who were appointed last year.

Messrs. Hampton and C. Peverill moved that the secretary endeavour to arrange a

match with Wycheproof or Narraport about 2 weeks before the competition begins in aid of the testimonial fund - Carried.

The first match will be played on May 13th.

Obituary Alice P. Glen:

An old and highly esteemed resident of the district, in the person of Mrs. Alice Presswood Glen, passed away at her residence in Birchip last Tuesday morning. Mrs. Glen had been confined to her bed for several weeks and for some time little hope was entertained for her recovery.

The deceased lady and her husband, Mr. Andrew Glen, arrived in Birchip 37 years ago from the Natta Yallock district. They selected land about six miles west of Birchip, and as time went on, added to their holding by acquiring neighbouring farms.

Much of the success her family enjoyed today is due to the extraordinary business ability of the deceased.

One successful district farmer expressed the opinion that he considered Mrs. Glen was the most able business woman he had known, and doubted whether any farmer in the district possessed a greater degree of business acumen. Mrs. Glen had a generous disposition, and during her long residence here was favourably known to a very wide circle of friends. She passed away on the day before her 63rd birthday.

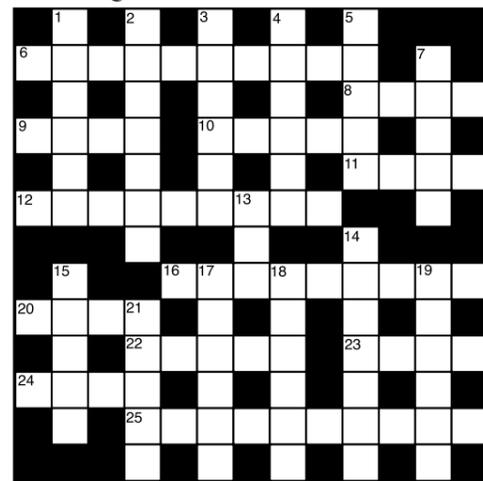
She leaves a widower, six sons - Andrew John, George Henry, William Charles, Frederick, Bernard and Lindsay and three daughters - Annie (Mrs. Thos. Dunstan), Margaret (Mrs. W. H. Bolden), and Miss Mary Glen. Her brothers - Messrs. William and Joseph Coates, Geelong; John Coates, St Arnaud; and Charles Coates, Ballarat, attended the funeral.

The remains were interred at the Birchip cemetery at 11 o'clock on Wednesday morning and a fleet of 60 motor cars formed a imposing funeral procession.

The Rev. A. J. Porter officiated at the graveside and the funeral arrangements were carried out by Mr. W. H. Fielding.

"Times" Crossword

QUICK PUZZLE NO. 8171



ACROSS

6. Loyalty (10)
8. Differ (4)
9. Border (4)
10. Feather (5)
11. Vegetable (4)
12. Reptile (9)
16. Stylishly (9)
20. Girl (4)
22. Unrefined (5)
23. Test (4)
24. Bawl (4)
25. Usual (10)

DOWN

1. Aircraft (6)
2. Implore (7)
3. Clear (6)
4. Yearly (6)
5. Raze (5)
7. Nationality (5)
13. Anger (3)
14. Surround (7)
15. Officer (5)
17. Boat (6)
18. Fat (6)
19. Heavy (6)
21. Fragment (5)

• Solution next issue.

MICHAELS OF DONALD

bring you

Belvedere By George Crenshaw
www.belvedere-cartoons.com



"Why don't you just take the penalty strokes?!"

The Buloke Times

Est. 1875

Coloured Photographs

Copies of "Times" photos can be purchased from our office/s.

Photos not published may also be available.

Call in to our offices,
McCulloch Street, Donald,
phone 5497 1222;
or Cumming Avenue, Birchip,
phone 5492 2735

THE SPIRIT OF
THE ANZACS
LIVES ON IN
ALL OF US.



we are
**PROUD
& STRONG**

Donate today
anzacappeal.com.au

DONATE



RSL
Victoria

Behind the Scenes

All clubs within the North Central League have been working tirelessly for months, whether it be recruiting, meetings or working bees in preparation for the 2025 season.

A special feature will appear in Friday's edition of the "Times" with a comprehensive look at football, netball and hockey within the North Central and Loddon Valley Leagues.

There have been a number of changes taking place within clubs over the summer months, and there will many new faces gracing the playing fields within the league this season.

After a couple of years out of football, Zane Keirghan is fit and firing, ready to strut his stuff for the Calder United Lions.

A skilful half-back, Keirghan will be one to watch and an important part of the Lions' story as the season unfolds.

Sea Lake-Nandaly is thrilled to have two club legends, Colin Durie and Phil Cox take on the role of joint coaches for its reserves team in 2025.

Both Durie and Cox began their football journey with the Tigers at Berri-Culgoa, where they collectively amassed



• The Tigers are thrilled to have two club legends, Col Durie (left) and Phil Cox (right), who take on the role of joint coach for the reserves team in 2025.

over 500 games in the yellow and black.

Their dedication to the club extends far beyond their playing days, having made significant contributions both on and off the fields, and have achieved the ultimate success as senior coaches, with both leading teams to premiership wins.

As they step back into coaching roles, their wisdom and leadership will be invaluable in guiding the reserves team.



• New club Calder United's Zane Keirghan.



• Iris Scholz from Horsham Pony Club riding Cogsy in the showjumping competition.



• "Welcome!" Birchip-Watchem Bulls' president Brad Ryan (left), and Steph Coffey (secretary, right), with new arrivals, Ben Lakin and Romi Miller, and Steph Coffey.

Pony Club Trials and Combined Training Day

Midland Zone Pony Club held a trials and combined training day at the Charlton Pony Club grounds on Sunday, March 30.

With low rider numbers at the Charlton Pony Club, it was excellent to see the grounds and wonderful facilities being used by roughly sixty entrants from within the Midland catchment zone.

Pony Clubs represented included Maryborough, Ararat, Horsham, Ballarat, Bealiba, Benalla, Rochester, Learmonth, Beaufort and many more, with competitions in dressage, show jumping and cross country held across the day.

Many volunteers from these clubs gave their time and effort in cleaning up the Charlton grounds, setting up and packing down for the day, catering, and a myriad other odd jobs before, during and after the event.

It is clear from the strong attendance that interest in Pony Club has not dwindled, and the future of equestrian events is held capably in the hands of talented young riders throughout north-west Victoria. Appreciation goes to all involved in making the day a success and encouraging such a good number of riders to attend.



• After having a tough time with her own horse, Amber King-Gee from Rochester Pony Club competed on her sister's horse, Molly, who didn't put a foot wrong on the day.



• Natalie Marshall from Ararat Pony Club tackles the water obstacle with King's Jewels during the Cross Country competition.